How do I get to Mayday Hospital?

**Train**

**THORNTON HEATH**

From Thornton Heath Train Station, Southern railways provides regular direct rail links to London Bridge and Victoria, as well as links to Epsom and Sutton.

To walk from Thornton Heath station takes 10-15 minutes. Exit the station and turn right on to Brigstock road, continue walking until you reach London Road, turn left on to London Road, and Mayday Hospital will be on your left hand side.

NB: there are no taxi services at this station.

**WEST CROYDON**

From West Croydon, South Central provides regular direct rail links to central London serving London Bridge and Victoria, as well as principal places such as Clapham Junction, Epsom, Sutton and Wallington.

To walk from West Croydon station takes approximately 15 - 20 minutes. Exit the station and turn right on to London Road, from here continue walking until you reach Mayday Hospital which will be on your right hand side. Taxi services are available from this station.

**EAST CROYDON**

Alternatively from East Croydon, South Central trains run direct to Brighton, Caterham, Crawley, East Grinstead, Gatwick Airport, Horsham, Redhill and the Sussex Coast. Thameslink also provides links to Bedford, Blackfriars, Brighton, Kings Cross, Luton, and St Albans, while South Eastern run to Edenbridge and Tonbridge.

To walk from East Croydon takes approximately 45 minutes. Exit the station and turn into George Street, follow signs for the shopping centre until you reach North End Road. Turn right in to North End Road and continue walking through the shopping centre. Continue until you see West Croydon Train Station which should be on your right hand side, and walk down London Road. Mayday Hospital will be to the right of you. Taxi services are available from this station.

For General rail enquiries please call: 08457 48 49 50

**Tram**

From outside West Croydon Bus Station, trams provide direct links to Beckenham Junction, Elmers End, and New Addington or from East Croydon to Mitcham Junction and Wimbledon.
Tube links

From Balham Tube Station (northern line), you can connect to an overhead train service to West Croydon or East Croydon.

From London Heathrow Airport

BLACK TAXI
On exiting the airport there are numerous Black Taxi’s which you will find to hire.

Alternatively you can call Dial-a-Cab on 0207 426 3420 - 24 hours a day to arrange for a Black Taxi to meet you at arrivals.

Allow a minimum of 1 hour to arrive at Mayday University Hospital via Taxi (depending on traffic this could take longer).

PUBLIC TRANSPORT
From Heathrow Airport follow signs to the Heathrow Express - take the Heathrow Express train to London Paddington train station.

See link for train times from Heathrow Airport to Paddington train station:
http://www.heathrowexpress.com/default.asp?pageid=4&selectid=4

Allow 15 minutes to arrive at London Paddington.

From London Paddington to Mayday University Hospital follow the link below to the Transport for London website. You will need to head towards East Croydon train station:
http://www.tfl.gov.uk/tfl/

Allow a minimum of 45 minutes to get to East Croydon train station from London Paddington.

On exiting East Croydon train station you can take a Black Taxi to the Mayday Hospital which will take around 10 minutes.

From London Gatwick Airport

BLACK TAXI
On exiting the airport there are numerous Black Taxi’s which you will find to hire.

Alternatively you can call Dial-a-Cab on 0207 426 3420 - 24 hours a day to arrange for a Black Taxi to meet you at arrivals.

Allow a minimum of 40 minutes to arrive at Mayday University London via Taxi (depending on traffic this could take longer).

PUBLIC TRANSPORT
From Gatwick Airport follow signs to Southern Railway – take the train for East Croydon.

View the link below for train times from Gatwick Airport to East Croydon train station:
http://www.southernrailway.com/routes.php?r=2&m=route

Allow a minimum 15 minutes to arrive at East Croydon station.

On exiting East Croydon train station you can take a Black Taxi to the Mayday Hospital which will take around 10 minutes.